



# AMPTHILL & FLITWICK FLYERS



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## Risk Assessment: 'Nice and Easy' group runs

<b>Date:</b>	<b>Assessed by:</b>	<b>Location:</b>	<b>Review Due:</b>
20-Feb-21	Mark Billington	Various	31-August-2021

What are the Hazards?	Who might be harmed and how?	Controls Required	Risk Rating	Further Controls	Resultant Risk Rating	Action by whom	Completed
Spread of Covid-19 Coronavirus	Runners and General Public	As per current EA guidelines Social distancing, should, wherever possible, be maintained between all runners. <sup>3</sup> If a runner or group catches a runner or group already on the route or meets a member of the general public they should pass them as quickly as possible while maintaining social distancing.	Medium	Runners must not attend if they feel even mildly unwell or have symptoms such as a cough, a dry or sore throat, shortness of breath, headache, muscle pain or a new loss of taste or smell. Runners must not attend if they have travelled outside the UK within the previous 10 days. Runners must not attend if they have been exposed to someone that is awaiting a test result or has a confirmed case of Coronavirus / COVID-19 or have been told to isolate by the NHS Track & Trace App. A register of participants should be kept to facilitate tracking and tracing if needed. Runners must inform the club COVID-19 Co-ordinator if they have any symptoms and test positive after attending a session <sup>1</sup>	Low	All	20-Feb-20 M.Billington  26-Mar-21- M.Billington (Reviewed)  24-June-21- M.Billington- (Reviewed)  25-July-2021- M.Billington- (Reviewed)

<sup>1</sup> 26-Mar-21 Statement added regarding testing positive after attending a session

<sup>2</sup> 24-June-21 Removed

<sup>3</sup> 25-July-21 Original statement amended to reflect current EA guidelines