

FlittonFlit_Results2019.xls

Monday 6 May 2019

Flitton "Fun Flit" 5K

Race_No	Posn	M/F_Pos	Forename	Surname	Club	Age_Cat	Time
60	1	1	Jono	Janes	Unattached	m	17:05
49	2	2	Tom	Caldwell	Unattached	m	19:28
8	3	3	Gavin	Reynolds	Bedford and County AC	mV40	19:40
36	4	4	David	Burkett	Unattached	mU20	20:25
30	5	5	Nick	Higgins	Unattached	mV40	20:46
67	6	6	Craig	Prest	Unattached	mV40	21:13
2	7	1	Amy	Farr	Ampthill & Flitwick Flyers	fv35	21:21
62	8	2	Imogen	Chesterton	Unattached	fU17	21:34
27	9	7	Alex	Byrne	Unattached	m	21:47
51	10	8	Jay	Winn	Unattached	mU17	21:58
69	11	9	Kieran	Watson	Unattached	m	22:05
19	12	10	Tom	Gudgeon	Unattached	mU17	22:39
25	13	11	Gary	Byrne	Unattached	mV50	22:40
53	14	3	Ellie	Regan	Unattached	f	22:44
45	15	12	Eric	Rayner	Unattached	mU17	23:28
44	16	13	David	Rayner	Unattached	mV40	23:33
64	17	14	Tim	Hunt	Ampthill & Flitwick Flyers	mV55	23:40
41	18	15	Jon	Balaam	Unattached	m	23:44
61	19	16	Nigel	Chesterton	Unattached	mV45	23:46
50	20	17	Danny	Floyd	Unattached	mV40	23:51
65	21	4	Sarah	Dix	Unattached	fv35	24:06
3	22	18	Steve	Larcombe	Unattached	mV45	24:09
56	23	19	Nigel	Taylor	Unattached	mV60	24:28
68	24	20	Jim	Jarrett	Unattached	mV40	24:57
4	25	5	Julie	Gibbons	Unattached	fv40	24:57
16	26	21	Matty	McCormick	Unattached	m	25:11
66	27	22	Peter	Gezak	Unattached	mV40	25:31
52	28	23	Peter	Lyden	Unattached	m	25:40
58	29	6	Sandra	Cartwright	Unattached	fv35	25:53
28	30	24	Jake	Dodd	Unattached	mU20	25:57
40	31	7	Beth	Langley	Unattached	fv35	25:59
57	32	25	Jason	Mondon	Unattached	mV55	26:04
31	33	8	Vicky	Higgins	Unattached	fv45	26:23
13	34	9	Hayley	Matthews	Run Together Maulden & Shefford	fv40	26:28
5	35	26	John	Lugg	Unattached	mV55	27:02
11	36	27	Sam	Day	Unattached	m	27:07
43	37	10	Ava	Orman-Wheeler	Unattached	fU17	27:29
34	38	11	Laura	Johnson	Ampthill & Flitwick Flyers	fv50	28:13
47	39	28	Rik	Stokes	Unattached	mV65	28:24
17	40	29	Danny	Drayton	Unattached	mV55	28:32
37	41	30	Chris	Burkett	Unattached	mV50	28:46
42	42	31	Trevor	Orman	Unattached	mV60	28:58
12	43	12	Carole	Darnell	Bedford Harriers	fv55	29:25
29	44	13	Lorraine	Horan	Ampthill & Flitwick Flyers	fv45	29:28

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48	45	32	Lee	Bristow	Unattached	mV40	29:44
26	46	14	Laura	Frost	Unattached	fV50	29:44
39	47	33	Paul	Roe	Unattached	mV55	29:49
59	48	34	David	Herd	Unattached	mV45	29:58
32	49	15	Rachel	Sharples	Unattached	fV40	30:23
7	50	16	Hannah	Leavy	Unattached	fV35	30:47
6	51	35	John	Hamm	Unattached	mV50	30:55
63	52	17	Jayne	Hunt	Ampthill & Flitwick Flyers	fV50	30:57
18	53	18	E J	Fordham	Unattached	f	30:59
14	54	36	Grahame	White	Stopsley Striders	mV70	31:08
20	55	19	Charlotte	Weir	Unattached	fV40	31:23
55	56	20	Rebecca	Teor	Unattached	fV40	31:37
15	57	37	Stephen	Hawkins	Ampthill & Flitwick Flyers	mV55	31:44
35	58	21	Patricia	Godfrey	Ampthill & Flitwick Flyers	fV65	31:46
23	59	38	Paul	Dimmock	Unattached	m	31:55
46	60	22	Melissa	Amouzandeh	Unattached	fV35	32:38
21	61	23	Louise	Hannam	Unattached	fV35	33:15
22	62	24	Sarah	Smith	Unattached	fV35	33:17
38	63	25	Julia	Burkett	Unattached	fV50	36:20
24	64	39	Lionel	Mann	Ampthill & Flitwick Flyers	mV75	38:59
54	65	40	Edward	Watts	Ampthill & Flitwick Flyers	mV70	39:28