

AFF_FlittonFlit2018.xlsx

Monday 28 May 2018

Flitton "Fun Flit" 5K

Race_No.	Posn	M/F_Posn	Forename	Surname	Club	Age_Cat	Time
354	1	1	John	Decesare	Amphill & Flitwick Flyers	MV50	18:42
254	2	2	Tim	Mills	Runaway Advestures	M	19:40
263	3	3	Alex	Byrne	Unattached	M	20:02
358	4	4	Warwick	Browning	Amphill & Flitwick Flyers	MV60	21:12
360	5	5	Kieran	Walsh	Unattached	M	21:17
244	6	6	Nick	Higgins	Unattached	M	21:21
242	7	7	Colin	Woods	Amphill & Flitwick Flyers	M	21:23
355	8	8	Jon	Balaam	Biggleswade	MV40	21:39
252	9	9	Ian	Ballard	Amphill & Flitwick Flyers	MV50	21:46
343	10	1	Hattie	Oakley-King	Amphill & Flitwick Flyers	F	21:55
280	11	2	Jessi	Godleman	Unattached	F	22:16
289	12	10	Jeremy	Bell	Amphill & Flitwick Flyers	MV50	22:25
344	13	11	Jonny	Oakley	Amphill & Flitwick Flyers	MV55	22:32
342	14	3	Elaeanor	Regan	Unattached	F	22:42
349	15	12	Daniel	Chalmers	Unattached	MU17	22:59
347	16	13	Nathan	Hughes	Unattached	MU17	23:02
269	17	14	Anthony	Darnell	Unattached	MU20	23:04
285	18	15	Martin	Godin	Amphill & Flitwick Flyers	MV60	23:14
350	19	16	James	Beandham	Unattached	MU17	23:27
274	20	4	Lisa	Wells	Amphill & Flitwick Flyers	FV50	23:33
278	21	17	Jim	McCormick	Unattached	MV40	23:47
253	22	5	Kyrstin	Fairweather	Amphill & Flitwick Flyers	FV45	23:49
237	23	18	Eddie	Nock	Unattached	M	23:50
365	24	19	Nigel	Taylor	Unattached	MV60	23:56
287	25	20	Steven	Larcombe	Unattached	MV45	24:05
281	26	21	Jeremy	Lewis	Amphill & Flitwick Flyers	MV45	24:09
340	27	22	Richard	Jones	Amphill & Flitwick Flyers	MV50	24:19
264	28	23	Daniel	Byrne	Unattached	MU20	24:28
346	29	6	Mandy	Rimmer	Amphill & Flitwick Flyers	F	24:28
288	30	7	Julie	Gibbons	Unattached	FV35	24:33
351	31	24	Alex	Hughes	Unattached	MU17	24:41
353	32	25	Conor	Borrill	Unattached	M	24:41
240	33	26	Marcus	Lugg	Unattached	M	24:45
364	34	8	Katie	Ruditis	Amphill & Flitwick Flyers	FV35	24:50
246	35	27	David	Peat	Straight off the couch	MV45	25:08
265	36	28	Jake	Dodd	Unattached	MU20	25:38
277	37	9	Deborah	Beare	Amphill & Flitwick Flyers	FV35	25:50
256	38	29	Michael	Thatcher	Unattached	MV45	26:05
239	39	30	John	Lugg	Unattached	MV55	26:15
286	40	10	Chloe	Godin	Amphill & Flitwick Flyers	F	26:27
259	41	31	Richie	Floyd	Flit Floyds	MV40	26:29
359	42	11	Denise	Browning	Amphill & Flitwick Flyers	FV55	26:46
357	43	32	Chris	Kelly	Unattached	MV40	26:59
268	44	33	Alex	Darnell	Unattached	MU17	27:17
241	45	12	Jodie	Kelly	Amphill & Flitwick Flyers	F	27:18
255	46	13	Annette	Bell	Amphill & Flitwick Flyers	FV50	27:32
261	47	14	Laura	Floyd	Flit Floyds	FV35	27:46
290	48	15	Emma	Sharman-Court	Amphill & Flitwick Flyers	FU17	27:50

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291	49	34	Paul	Court	Ampthill & Flitwick Flyers	MV40	27:50
247	50	16	Annabel	Fox	Straight off the couch	FU20	28:04
248	51	17	Rebecca	Fox	Straight off the couch	FU20	28:20
297	52	35	Rik	Stokes	Unattached	MV65	28:48
363	53	36	Lloyd	Goodall	Unattached	MV45	29:04
361	54	37	Iain	Thomas	Unattached	MV45	29:04
362	55	38	Mylo	Thomas	Unattached	MU17	29:04
270	56	18	Carole	Darnell	Unattached	FV55	29:34
251	57	19	Lily	Sparkhall	Sparky's	FU17	29:45
249	58	20	Rachel	Sparkhall	Sparky's	FV40	29:45
250	59	39	Clinton	Sparkhall	Sparky's	MV55	29:46
243	60	21	Lorraine	Horan	Ampthill & Flitwick Flyers	FV40	30:16
279	61	22	Beatrice	Rick	Unattached	FU20	30:18
262	62	23	Ella	Floyd	Flit Floyds	FU17	30:23
260	63	40	Daniel	Floyd	Flit Floyds	M	30:23
283	64	41	David	Herd	Unattached	MV45	30:28
275	65	24	Patricia	Godfrey	Ampthill & Flitwick Flyers	FV65	30:36
298	66	42	Gareth	Ellis	Unattached	MV55	30:38
234	67	43	Peter	Virgo	Unattached	MV60	30:49
356	68	25	Jacey	Horwood-Palm	Unattached	FV45	31:01
341	69	26	Claire	Jones	Ampthill & Flitwick Flyers	FV50	31:04
345	70	27	Dominique	Fattorusso	Unattached	FV40	31:08
238	71	28	Charlotte	Weir	Unattached	FV40	31:39
258	72	29	Samantha	Walters	Ampthill & Flitwick Flyers	FV40	31:56
257	73	44	Joe	Walters	Ampthill & Flitwick Flyers	MV40	31:57
284	74	45	Alec	Malder	Ampthill & Flitwick Flyers	MV55	32:00
276	75	30	Teresa	Broughton	Unattached	FV45	32:43
245	76	46	Martin	Feazey	Unattached	MV40	33:21
236	77	31	Ashley	McGeoghan	Unattached	FV45	34:20
266	78	32	Abby	Dodd	Unattached	FU17	34:21
267	79	47	Steve	Dodd	Unattached	MV50	34:36
348	80	33	Aimee	Hughes	Unattached	FU17	35:38
352	81	48	James	Kelly	Unattached	M	35:39
273	82	49	Michael	Day	Ampthill & Flitwick Flyers	MV50	36:45
235	83	34	Vickie	Humber	Ampthill & Flitwick Flyers	FV40	37:10
272	84	50	Lionel	Mann	Unattached	MV75	40:48
295	85	35	Tina	Sales	Full bottle fitness	FV45	42:55
294	86	36	Lisa	Burton	Full bottle fitness	FV45	42:55
299	87	37	Amanda	Sibley	Unattached	FV45	58:45
293	88	38	Fern	Glenister	Full bottle fitness	F	58:48

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Flitton "Fun Flit" Junior 1M

Race_No.	Posn	M/F_Posn	Forename	Surname	Club	Age_Cat	Time
152	1	1	Lily	Farr	Ampthill & Flitwick Flyers - Juniors	FU10	7:41
143	2	2	Milly	Dunger	Unattached	FU13	8:15
151	3	1	Christian	Farr	Ampthill & Flitwick Flyers - Juniors	MU13	8:25
150	4	2	Alex	Bou Mansour	Unattached	MU13	8:29
145	5	3	Joseph	Nock	Unattached	MU10	8:43
142	6	3	Milly	Sharman-Court	AFF	FU13	9:07
148	7	4	Grace	Corbett	Ampthill & Flitwick Flyers - Juniors	FU13	9:21
144	8	5	Ava	Dunger	Unattached	FU10	9:22
146	9	4	Oliver	Weir	Unattached	MU10	9:29
158	10	5	Archie	Ayres	Unattached	MU10	9:59
153	11	6	Luke	Kelly	Unattached	MU10	9:59
154	12	6	Lexie	Drummond	Unattached	FU10	10:21
155	13	7	Kian	Savage	Unattached	MU13	12:11
157	14	7	Kaia	Savage	Unattached	FU10	12:32
149	15	8	Peggy	Cartmell	Unattached	FU10	12:42
156	16	9	Leyton	Savage	Unattached	FU11	13:06